

## **“Need to Revise and Rethink - The Five-Fold strategy of Covid management”**

Unfortunately, in the last two and half years it is seen that this fivefold strategy (test-track-treat-vaccination and adherence to COVID appropriate behavior) has failed to deliver the desired results.

Reasons can be explained as follows:

**1. Testing:** It's well understood by now that RT-PCR test has diagnostic flaws ,it was designed only as research tool.

A. False +ve cases contributes to exaggerate and hence accumulate false Covid case numbers. Asymptomatic testing also adds up even more to this number scale, which is totally beyond scientific acceptance.

This promotes Covid as grave disease picture, and help create unnecessary fear and panic amongst citizens.

B. There have been heard instances where people have at times using mal-practices procured false-ve test reports too.

These Incorrect records Data do not provide a true pandemic picture and hence cannot be trusted.

Looking at latest World meter Data specifically of China, it can be seen that from 15<sup>th</sup> dec to 18<sup>th</sup> dec there have been no deaths ,19<sup>th</sup> and 20<sup>th</sup> there have been 2 and 4 deaths respectively only.

How can one conclude this as health crisis? On other hand China is propagating deaths to be in hundreds and expect rampant increase in them in near future.

Such discrepancy of Data between World meter and factual figures of China is highly suspicious of foul play. Let alone considering this as baseline to set up operational guidelines in India is totally baseless.

**2. Track:** Tracing done based on above faulty/incorrect data furthermore leads to implementation of baseless protocols like isolation/lockdowns/school closures which are never patient centric and hence disrupts life of even healthy individuals as well as children.

**3. Treatment:** There has been no proven specific treatment protocol for Covid.

Highly promoted Remdesivir has already shown to cause more Systemic damage than actual relief in most cases.

Inhibiting various Registered Medical doctors (Ayurvedic, Homoeopathic, Unani Doctors, Naturopathy healers) from treating covid patients and only allowing them to use their science as prophylaxis therapy cannot be welcomed in any way.

Timely use of these pathies can definitely help reduce unnecessary hospitalizations (there have been sufficient positive stories about successful Covid treatments through these sciences). In turn this can help reduce burden of health crisis.

**4. Vaccinations:** Mass vaccinations have done more harm than benefit.

There have been unrecorded events which are emerging lately.

Due to un-availability of Robust AEFI surveillance system, many immediate and long-term adverse events have been failed to be recognized / recorded. This has given False assumption that vaccine policy has done wonders. People have been facing chronic ailments post jabs, cardiac arrests, sudden deaths are being noticed Amongst vaccinated population.

By now most of Indian population has been already infected by Covid in form of either asymptomatic Or, mild, moderate infections, or

even hospitalizations. This assures considering Covid to have become Endemic in India and pose no serious risk.

In fact, Natural infection has been concluded to provide long-lasting Natural immunity, unlike waning vaccine immunity.

### **5.Covid Appropriate behavior:**

A.Masking has totally failed on all fronts scientifically to help curb transmission. Its continuous use depletes the uptake of natural oxygen which has been the basic requirement of Covid patients which proves its incorrect recommendation.

B.Social distancing cannot work in a densely populated country like india.

C.People have overused sanitizers up to an extent which has led to chronic skin ailments.

### **Concern Along with solution:**

1.: Suggesting/implementing guidelines on basis of unverified news emerging from other nations like China, USA, Brazil etc. is not in line with epidemiology.

It would be wise to demand WHO to send independent team of experts who can visit china to access Real on ground scenario.

2. Labelling new Outbreaks as due to evolving variants and conveniently overlook the other Possible disadvantages of mass vaccinations is highly questionable.

Any Emerging health issues/events/concerns occurring post medical intervention (vaccines) should be investigated up to the fullest and help create revised policies based on the truthful outcome.

3. It is highly not recommended to indulge into constant genome sequencing, in search of new variants and promote production and marketing of subsequent variant specific vaccines, as there can be seen no end to this strategy. It is only

helping in reducing natural immunity of healthy individuals and day by day health deterioration amongst vast majority of population.

Genome sequencing should be done only for severe covid cases. People with acute respiratory illness should be allowed to choose medical treatment from any registered medical practitioner.

**Hence to conclude, it is important and necessary to suggest that the govt recommended fivefold strategy needs serious revision to bring better scientific Health outcome in general.**

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