

# Universal Health Organisation (UHO)

## Weekly Newsletter – 03 Nov 2023



*The weekly newsletters bring the updates on the science, battered and bruised during the pandemic, legal updates and impact of activism for a just society, across the world. These are small steps to promote Transparency, Empowerment and Accountability – the ethos of the UHO.*

**Announcement: Membership & endorsements to the UHO invited:** <https://uho.org.in/member.php>

### **Tragic deaths of young and healthy: Shoddy science and irresponsible statements.**

There has been a spate of sudden deaths due to [heart attacks](#) during the recent Navratri festival most dramatically during the traditional Garbha dances in Gujarat. The tragic victims include teenagers (the youngest being a 13 year boy), and who usually do not get heart attacks. While 10 people succumbed to sudden deaths within 24 hours in Gujarat on 23 Oct 2023, there have been increased reports of [sudden deaths](#) and heart attacks across the country and even across the globe since early 2021 after the global rollout of mass vaccination.

The Union Health Minister was quick to cite a vague hospital based [ICMR study](#) which has no relevance to sudden deaths in young people including teenagers. Quoting this study which has followed patients in 31 hospitals who were mostly older and had co-morbidity the Union Health Minister [advised](#) those who have recovered from severe covid to avoid physical activity for 1-2 years to prevent heart attacks. A prominent cardiologist of Gujarat Dr Sameer Dani of Apollo Heart Institute also gave a sweeping statement implying that these heart attacks were linked with Covid-19 infections. The ICMR study does not mention anything about sudden deaths among the young and healthy which is a matter of concern.

The UHO would like to know whether there is any other study which has addressed the phenomena of sudden deaths in the young and teenagers. If so, the results of this study should be disseminated. The UHO would also recommend the following for a quick insight into this phenomenon - on CoWin portal we can by Aadhar/mobile number get the vaccination status of those who succumb to sudden deaths and compare with vaccination status of healthy controls. And for a better estimate of risk from vaccine, if any, on the CoWin portal we can follow the future health events among vaccinated and non-vaccinated. With our data dividend we can guide the world. These hard data used rigorously can save young lives in the possibility of the “safe and effective” vaccines causing these tragedies.

Science requires a detached view without jumping to conclusions. Similarly, people in important positions should refrain from irresponsible statements without weighing the evidence first. Sadly, we continue to have shoddy science from government scientists and irresponsible statements from government leaders. Sloppy science can cause more harm than good. At stake are human lives.

### **Son of Co-founder of WEF call for action against those who pushed vaccine mandates.**

Pascal Najadi, the son of World Economic Forum (WEF) co-founder, [called](#) for arrests of those responsible for forced Covid-19 vaccination of 5.7 billion people globally. He said that both he and his mother are suffering the adverse effects of the vaccine. He listed WEF, WHO, and the Global Alliance for Vaccine Immunization (GAVI) as responsible violation of human rights. He called on people all over the world who are experiencing the side effects of these vaccines to file criminal charges against these organizations.

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### **The mainstream scientific community continues to defend masks defying science & common sense.**

The face mask debate refuses to die down in spite of two randomized trials and one meta-analysis failed to find any benefit from this intervention. Prior to the Covid-19 pandemic studies on the protective effect of face masks, including a [Cochrane review](#) (considered a gold standard for evidence based medicine), did not show their efficacy in preventing transmission of influenza virus.

However, as with lockdowns, social distancing, mask mandates were implemented in most countries without any scientific evidence of benefit. During the pandemic a randomized controlled trial (RCT) in [Denmark](#) and a large population based RCT in [Bangladesh](#) failed to detect any appreciable benefit of face masks in preventing Covid-19 infection. Subsequently, a Cochrane [review](#) also failed to find any practical benefit of face masks by the general public.

The matter should have ended with the bulk of evidence suggesting little, if any, benefit of face masks.

However, a “fact check” site went at great lengths to magnify the [uncertainties](#) of the latest Cochrane review to prolong the ambiguity. The strategy seems to be to stress on imperfections (no study can be 100% perfect), of any study however robust, which goes against the narrative of unscientific measures and highlight even weak studies supporting it.

Towards this end, a [pre-print](#), which goes one step further and claims that re-analysis of the data and mathematical models do show benefit of masking. The neutrality of scientific inferences seems to be usurped by the “heads I win, tails you lose,” attitude.

Besides, the methodological and mathematical controversies, common sense should tell us that in a hot & humid country like India, masks can get soiled soon and can be a harbinger of other infections far more serious than SARS-Cov-2. There have been [concerns](#) that the high incidence of mucormycosis in India may have been due to cross infection of fungal infections due to soiled masks.

Hiram Powers, a 19<sup>th</sup> century artist, had said, “The eye is the window of the soul, the mouth the door. The intellect, the will, is seen in the eye; the emotions, sensibilities, and affections, in the mouth.” The weight of evidence suggests that the masses, trusting the government officials and career scientists, blocked the door to the soul, without blocking the transmission of the virus!

The neglect of science and common sense which started with the pandemic seems to be continuing.