

# Universal Health Organisation (UHO)

*People's Health in People's Hands*



**Date: 25 Mar 2022**

**To: Health authorities and Covid task forces at all administrative levels**

**Subject: Do lockdowns save lives or crush lives?**

The mainstream Covid narrative has been pushing lockdowns and other restrictions to the lives and livelihoods of people, in the name of “saving lives”. We raise several questions in this context.

1. The Indian PM announced a 21-day nation-wide lockdown, starting 25 Mar 2020, on the premise that this would save many lives. There was weak scientific evidence at that time that such a lockdown would save any lives. Indeed, such extreme measures were listed under “not recommended in any circumstances” in WHO’s pandemic [guidelines](#) for respiratory viruses. Given this, which scientific bodies (if any), advised the PM to lockdown the country?
2. By Sep 2020, when the Covid curve started falling in India, it was abundantly clear that it was not due to any of the restrictive measures, as the fall happened during a period of lowering of restrictions. Why then were the same measures instituted once again in 2021 ?
3. There is abundant scientific evidence that obesity is a leading co-morbidity in Covid. So is diabetes. (Reference: [https://www.cdc.gov/pcd/issues/2021/21\\_0123.htm#T2\\_down](https://www.cdc.gov/pcd/issues/2021/21_0123.htm#T2_down)). Why then, were gymnasiums and even outdoor parks closed for months on end? Even walking and jogging were disallowed. Have you done an analysis of how many Covid deaths were caused due to such shutdown versus how many were saved?
4. There is significant scientific [evidence](#) that Vitamin-D could be protective in fighting Covid. In any case, it is common sense that exposure to sunlight is necessary to build good immunity. Given this, how many lives were lost due to the “stay-at-home” orders, compared to lives saved?
5. Going beyond just Covid, was there any cost-benefit analysis done in terms of how many lives and life years would be lost due to lockdown versus life-years saved? How many lives were lost due to lack of timely medical care for other major killers such as TB and cancer?
6. Has there been a cost-benefit analysis of lockdowns in terms of who benefits versus who suffers? The linkage between poverty and lack of healthcare is well known. Has any decision making body prepared any report on the economic and health cost of lockdowns? Please provide a scientific analysis.