

Call to Stop Spreading Baseless Fear of Covid-19 from Universal Health Organisation



To:
Mr. Rajesh Bhushan,
Secretary,
Ministry of Health and Family Welfare, India

Date: 01 January 2023

Subject: Call to Stop Spreading Baseless Fear of Covid-19

Electronic form of this letter is at: <https://uho.org.in/files/2023-Jan-Stop-Spreading-Fear.pdf>

Dear Mr. Rajesh Bhushan,

At the outset, we wish you a Happy New Year.

In order that the happiness be shared by all Indians through the year 2023, it is necessary that fear-based public health measures be replaced with evidence-based measures. We write this in response to your letter dated 20 Dec 2022 (D.O.No.Z.28015/182/2021-DMCell) warning of rising Covid-19 “cases” in parts of the world, which has triggered a series of fear-based measures.

1. At the outset, hundreds of years of known science, as well as research on Covid-19 in the last three years has shown that immunity after natural infection & recovery, is [strong](#), [long-lasting](#) and far [superior](#) to vaccine-induced immunity. And [sero-surveys](#) have shown that most Indians were naturally exposed to the virus, even as of July 2021.
2. Such immunity is strong regardless of variants. Furthermore, the natural evolution path of a virus is toward less dangerous variants, and this has been the case with SARS-Cov-2 as well. India did *not* have a third wave for the same reason. The slums of Mumbai did *not* have even a second wave for the same reason.
3. Testing and tracing have [not worked](#) to contain SARS-Cov-2 spread. As of July 2021, the detected “cases” were a mere 3.3% of the estimated Indians [exposed](#). That is, only 1-in-30 infections were actually detected: mass testing wasted people’s money aside from spreading anxiety.
4. Calling for more of the experimental Covid-19 vaccines, when countries like Singapore, Taiwan, Japan, etc have [faced](#) Covid-19 waves even after widespread vaccine coverage, is the exact opposite of being evidence-based. Instead, resources and effort must go into [probing](#) the increased sudden and unexplained deaths among young and healthy people; such increase is time-correlated with the vaccine rollout and is highly concerning.

Covid-19 never was the *only* health issue. For instance, nearly 2000 children die in India of preventable malnutrition related causes, *everyday*. Exaggerating fear of Covid-19, especially at this stage when almost all Indians have natural immunity, is not only intellectually dishonest, it is also counter-productive. We therefore call for an immediate and explicit stop to spreading baseless and exaggerated fear of Covid-19 among Indians. We should instead have evidence-based public health measures in the future.

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On behalf of the Managing Committee of Universal Health Organisation ([UHO](#))